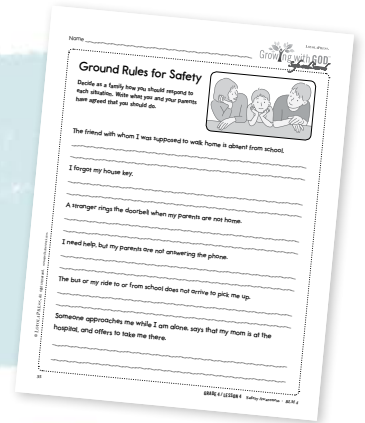


Safety Awareness

Managing Fear and Staying Calm

Family rules can help your child stay calm and take action in dangerous or scary situations. Use the Ground Rules for Safety handout to review your family safety rules with your child. Gently explain that, although your child may encounter danger at some point, these rules will help him or her know what to do.



Strategies for Avoiding and Responding to Danger

Your child can learn to respond decisively to unsafe situations. Explain that it is always OK for your child to say no to an adult who makes him or her feel unsafe or uncomfortable. Together list the names of some trusted adults, in addition to you, to whom your child can go for help if he or she ever feels unsafe.

Abduction

Some simple rules, such as staying aware of surroundings and never getting into a car alone with a stranger, can help your child avoid abduction. Discuss these rules with your child. Emphasize that although abduction can be a scary topic to think about, God will draw near to your child when he or she needs him. Point out that God has surrounded your child with people who will support him or her in times of need.



God Is with Us

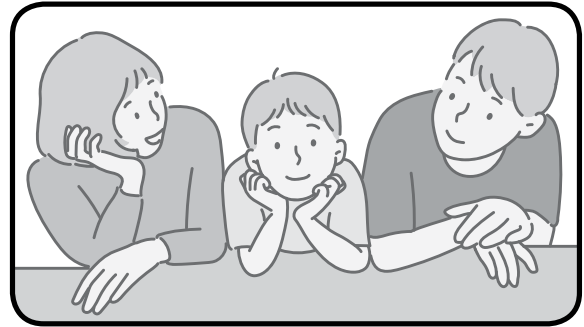
Ask your child to tell you his or her favorite way of connecting to God. Then share your favorite ways of connecting to God. If you wish, pray a prayer of thanks for God's presence and limitless grace.



Name _____

Ground Rules for Safety

Decide as a family how you should respond to each situation. Write what you and your parents have agreed that you should do.



The friend with whom I was supposed to walk home is absent from school.

I forgot my house key.

A stranger rings the doorbell when my parents are not home.

I need help, but my parents are not answering the phone.

The bus or my ride to or from school does not arrive to pick me up.

Someone approaches me while I am alone, says that my mom is at the hospital, and offers to take me there.
